

Psalm 121

Paul Kinnaird,

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www.the-mission.uk/sermons/?sermon=psalm-121...

[Hymn: Is He Worthy?](#)

Sermon Outline

Reading: Psalm 121

Theme: He will hold me fast

The Question-v1 Where does my help come from?

1 The Answer-v2 God the Creator

2 The Answer-v3, 4 God of the Nation

3 The Answer-v5, 6 God who is Companion and Protector

The Summary-v7, 8 All round Keeping

[Hymn: He will hold me fast](#)

Study Questions

1 On what occasions do you feel your most anxious?

2 What help do you find in dealing with that?

3 Read Philippians 4v5-6

What lessons can we learn from this text?

4 How do you think seeing God, as the psalmist does would help you in the days ahead?

5 What are some of the things you are already learning about our enforced separation

Why not pray now about all these things just now.